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## **SETTING EUROPE TO HEMI-SYNC®**

*by Cheryl O. Williams, PhD*

*Cheryl Williams is a TMI residential program trainer, a GATEWAY OUTREACH Trainer, and a member of the Institute's Professional Division. Her natural skill as a motivator is reinforced by a PhD in philosophy and theology and a firm grasp of psychological principles. Cheryl is currently dedicating her energy to the expansion of Hemi-Sync in Europe and has established her "base camp" in Urdorf, Switzerland, a short hop from Zurich.*

Snap, crackle, pop... uh oh, this was no "ordinary" meditative state. What could all of those symbols flashing through my mind possibly mean—to me and for me? Immediately the fax began to churn, the phone began to ring and the mail started arriving. The interesting element was, all of the work opportunities were coming from Europe. Don't you just love synchronicity? When it works!

Since becoming a member of The Monroe Institute's Professional Division, I've had a dream of bringing Hemi-Sync to the German-speaking countries. I have been presenting workshops and seminars in those countries for several years now and have consistently used *META- MUSIC* to supplement and enhance the meditative process. But I always knew there was a missing element. With the dedication of the Institute staff and my willingness to complete the translations and "voice" tapes in German, that element is now in place. My dream is being realized. In August 1997, the Hemi-Sync *OUTREACH EXCURSION* and *HUMAN-PLUS* workshops were launched in German-speaking countries. Stepping out in total trust, I have moved to Switzerland and re-affirmed my commitment to TMI and the Hemi-Sync process.

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